Motivation to Become a Physician Assistant

Student's Name

Institutional Affiliation

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Imagine the fulfillment that is associated with restoring a person's health to a normal state after an extended period of struggling with an ailment. Life is full of hardships and difficulties, and these issues concern both the patient and caregiver. The physician assistant is a missing link between these people which makes these conditions bearable and better. The ethical part of this professional activity involves the matter of love, humility, and compassion. The work of the assistant is a duty of the merciful individual who strives to make his or her community a better place to live. The particular intention is a core of the personal aims and purposes that comprise the ideals of health care. The professional can save the life of the individual who has dreams, families, and hopes. In this case, the physical assistant becomes a mutual friend to the patient who struggles along with the person against diseases. Empathy for the weak and the desire to improve the health conditions of the sick has been the primary motivation for becoming a physician assistant. Fulfillment accompanies the complete recovery of patients, thus creating a drive to continue making a change in the society, especially among the disabled and those facing financial constraints and living in extreme poverty. Obtained experience is a sequence of this goal that signifies the role of humanity and attempts to increase the well-being of people. People want to be politicians, entertainers, entrepreneurs, and all these occupations focus on money and power. The neglection of a physician assistant is the biggest mistake in the modern world.

The mentioned values of this particular profession can make the world a better place.

Moreover, I should claim that I feel an inner power to become a great specialist. This motivation of mine is based on the pure understanding of the difficulties of the physician assistant

profession as well as its bright sides. I fully comprehend the duality of this specific area and aim to become a great professional within the physician assistant field.

Throughout my upbringing, it was necessary to devote energy towards upholding quality and learn how to avoid distractions that can become obstacles to goals. Devotion coupled with the desire to support a patient's safety provides the ideal background for becoming an excellent physician assistant. Nurse practitioners and physician assistants are hard-working and deal with different challenges regarding their responsibilities. Since the duty is to protect the well-being of the public, the professional has to be dedicated to providing services wherever they are needed to ensure that patients benefit from the expertise. In addition to the motivation and qualities, personal experiences should include collaboration with teams, especially health care professionals who have shaped the character and improved the ability to handle various incidences. Working with podiatrists and pathologists have also sharpened skills in treating various kinds of illnesses. By familiarizing with different lab tests, professional capabilities include different skills that can facilitate success in the field. It is necessary to list the recent health care reforms that empower and promote the profession. Practice and compensation is the primary motivation considering the subject.

Although a physician assistant does not work with pathologists, I worked with this category of professionals by assisting in the treatment process, especially in surgeries. I also interpreted the patients' medical history and laboratory results to ensure quick treatment.

Pathologists traditionally performed a semiquantitative, inconsistent, and subjective evaluation of immunohistochemically-strained slides. The process was elaborate and required high specialty with limited tools. The field only needed professionals with vast experience in practice.

In pathology, I handled various roles such as the description of medical processes, including the dissection of surgical tissues, the provision of specimens used for laboratory, and the histologic testing, evaluation, and summarization of the medical history of patients.

Moreover, I also assisted in the dissection of surgical procedures, including postmortem evaluation. Working in surgery rooms requires quick responses, carefulness, and skills to uphold the safety and quality of the practical outcome. As a surgical physician assistant, I used the clinical and didactic training that I had received previously to operate in several areas such as the pre-admission office, testing, and diagnosis, intraoperative first assisting, perioperative environment, as well as SICU and PACU care. Due to extreme caution and precision that is required in surgery, excellent communication is highly essential. Given my great interaction skills, it was easy to form an excellent team with the doctor who issued instructions and supervised the activities. Undeniably, he was pleased with how we made a great team while working together.

Before the commencement of the surgical procedures, I performed a comprehensive physical examination of the patients and interpreted their history to give the surgeon some head start. Hence, this aspect gave him more time to concentrate on surgical procedures. I also explained the laboratory results before the commencement of the treatment process.

I currently work in a laboratory where I collect specimens, prepare slides, and interpret results. Specimen collection and provision for lab testing is a delicate process that requires caution to ensure accurate results for a correct decision-making process regarding treatment procedures. After diagnosing patients, I prepare them for laboratory testing to facilitate the collection of specific information that is relevant to the practice. In addition to specimen

collection, I provide the patients' name, date of birth, and the department from which they reported. The time and date of specimen collection, reason for requesting the collection of the specimen, previously used drugs, and the name of clinicians who authorized the test also accompany the specimens to the laboratory to provide comprehensive information regarding the sick. After that, as a professional it is my responsibility to collect the results and interpret them, thus providing an overview of the details to the pathologists who take over the treatment procedures. I occasionally offer prescriptions under the direction of senior medical officers and offer advice to the sick and their families concerning the safe practices they need to uphold to ensure a quick recovery. All these experiences while working with pathologists have prepared me adequately for the duties that are awaiting after the full completion of training to enable exercising all the acquired knowledge in the classroom, laboratories, and in the field. Learning from professionals has been an exhilarating experience, and I want to continue being part of interdisciplinary teams that are concerned with improving the public's health status.

While working at a podiatrist clinic, I interacted with patients in the back office during the diagnosis of foot ailments and suggested necessary treatments. Primarily, I performed routine duties that involved determining and interpreting results to enable podiatrists to focus on the treatment of patients and to salvage their limbs. In most cases, performing administrative roles signified organizing and foreseeing the restocking processes of examination rooms. It meant that the professional requested, sorted, and stored supplies in a specific order to ensure easy retrieval during treatment. Upon completion of the wounds' examination, tasks included cleaning the exam rooms, setting up the equipment in their respective storage facilities, and sterilizing cutting equipment after treatment. In addition to these operations that directly contributed to the

promotion of patients' wellness, it was necessary to carry out informal tasks that were equally beneficial to the practice. I always greeted patients and welcomed them to the facility, thus helping them to relax and to answer phrased questions correctly for proper diagnosis. Above all, it was necessary to answer office phone calls and schedule appointments with the podiatrist.

As a medical assistant, the practice took place in clinical roles, where I kept records of patient's' medical history and interpretive signs that determined the type of necessary treatment. Moreover, the duty considered the illustration of the medication that the diabetic patients had to undergo and answered questions that the patients had regarding their treatments. Also, it was necessary to prepare the patients for medical procedures by helping them to take off their shoes, clean their feet, and clipping their toenails where necessary. Performing these roles diligently with the intention of improving the living standards of the sick was the primary task. The professional duty suggested offering instructions and recommendations where necessary to ensure that all the patients had ideas about their medical procedures. All those operations have prepared to work in a broader environment without discriminating against the disabled but offering equal services to every citizen.

The public is exposed to various illnesses, some of which can be managed through proper care of the surroundings and early treatment before their progression to advanced stages, which would require elaborate procedures. At the advanced stages, treatment costs escalate, and the majority of patients cannot afford the necessary medication. I have great concern regarding such occurrences since people ignore simple life practices that can enrich their lives by engaging in activities that deteriorate their health. In other cases, patients ignore simple modes of eradicating or minimizing the impacts of some medical conditions such as lifestyle changes and

preferring operational processes that are expensive. Moreover, such therapeutic techniques have little additional benefits as compared to healthy eating habits and exercising. For instance, in the management of mental health, chronic diseases, and pain management, therapies yield better results than advanced medical practices. Such incidences are the primary sources of motivation to become a physician assistant. The chance of educating the sick regarding various forms of therapies that can yield excellent outcomes by joining the profession is my personal goal.

The importance of having a lifestyle that handles chronic illness is evident in the therapeutic lifestyle changes (TLC) programs that are conducted by professionals. The experience enforces a close relationship between the latter and the public. As a physician assistant, the task is working with different communities in the emancipation of the public concerning the importance of lifestyle changes in the treatment of chronic diseases. Given the love for improving the well-being of society, it would be an enjoyable experience which motivates a physician assistant.

More importantly, the collaborative efforts in the administration of TLC play a leading role in the exercise in the reduction of multiple disorders such as prostate cancer and cardiovascular diseases. The conditions are comparatively more rampant among the elderly population, especially those above the age of 65. Notably, this age group is a category comprising the most vulnerable people. Communities frequently neglect the elderly by admitting them to hospitals where they undergo various treatments and surgeries for the treatment of diseases such as cancer and heart diseases. Undeniably, the admission of these vulnerable patients is the leading cause of congestion in medical facilities.

In particular, these individuals need advanced care in addition to medication. Families should spend time with their older relatives and assist them whenever necessary. Admission of these individuals to hospitals limits their access to care from relatives, which slows down their recovery process. It also affects service delivery to other medical departments. As a physician assistant, such occurrences will give the chance of improving the health conditions of such individuals by illustrating the importance of spending time with their sick relatives and how home therapies can improve quality health outcomes through exercises and the monitoring of proper nutrition. Indeed, physiological practices that are offered in various rehabilitation centers have therapeutic and preventive benefits. The mentioned gains are essential in the handling of depression and neurodegenerative complications that are associated with age-related decline in cognitive responses, Parkinson's disease, and Alzheimer's disease.

Various forms of exercise also play a critical role in the oxygenation of the brain, which improves the transmission of nerve impulses by increasing the blood-brain volume in both white and gray matter. The occurrence of changes in the hippocampus is associated with the increase of brain-derived neurotrophic factor (BNDF), intraneuronal connections, synaptogenesis, neurogenesis, and neuronal preservation. Having all this information in mind improves the desire to interact with various individuals during the exercise sessions to boost their desire to get the most out of practice. I love sharing multiple ideas that I have on medical practices with other people who are willing to listen and use these teachings to enrich their lives. Since exercise involves both interactions with and the healing of patients, it offers a chance of improving the living conditions of the public, especially the disabled and the elderly who frequently suffer due to the negligence of their relatives.

Another sector that indicated the need for dedicated physician assistants is public health. The industry plays a vital role in the promotion of various forms of service delivery to the public, which involves the treatment of injuries and illnesses, the prevention of epidemics, the development of healthy habits in the society, as well as the surveillance of patients undergoing medication. Like other sectors that are handled by healthcare professionals, public health needs a high level of interaction with the society to improve their understanding of the factors that determine their well-being. During the treatment of diseases and injuries, a physician assistant initiates the diagnosis process and offers a prescription. The PAs also promote healthy behavior by educating patients about the best methods of using drugs to guarantee the best outcome of treatments. Personnel also offers insights on the preventive measures of diseases to avert the future occurrence of the same illness. Healthy behavior also involves abstinence from drug and substance abuse while upholding good eating habits. It is evident that all physician assistant operations involve communication with the public to ensure a positive outcome of the practice.

In essence, the public health sector provided the chance of exercising the expertise that any professional had to previously acquire while working with podiatrists, pathologists, and other healthcare professionals. I would improve the efficiency of the sector by elaborating on the correct ways of taking medication. Additionally, I would expound on the possible side effects that are associated with a given treatment, as well as how a patient should handle such challenges. Notably, it means the improvement of relationships between nurses and patients. It will provide the chance of improving the effectiveness in treating patients and improving the relationship between the sick and the caregivers.

Overall, the healthcare system has not been able to uphold high standards in most sectors, as seen in the increased congestion in hospitals. The scenario has been attributed to the consideration that is given to the elderly population, who can get better treatment through therapies. The ever-growing population of people aged above 65 is worsening the situation, which is likely to get out of hand. Conversely, the stress and lack of assistance increase the mortality rate of the patients who require advanced care. Over the years, I have developed a passion for helping the sick and minimizing mortality rates, particularly among the elderly and the vulnerable members of society. I am motivated by this desire of assisting others to improve the medical prescription processes by explaining the medical procedures and the drugs that are used to ensure positive outcomes. Suggesting lifestyle change among the elderly with chronic diseases instead of visiting hospitals has been the dominant approach. In doing so, it will be possible to treat other patients who need to rely on medications entirely.

In addition to my passion for improving patients' health and caring for the elderly, my adequate work experience with podiatrists has played a vital role in the motivation to become a physician assistant. Podiatry is primarily a field that is licensed to diagnose and treat pathologies that are associated with the ankle and the foot. Bloodborne viruses are some of the most significant concerns of medical professionals, given the risks that are related to the handling of such patients and the ease of transmission from one party to another within a short span. Due to the significant risks of unsafe practices, podiatrists must uphold safety practices during the medication process of salvaging a foot.

Since the condition is one of the leading causes of mortality and morbidity among diabetes patients, I chose to work in this sector to familiarize with the technicalities that are

involved in the practice. It is worth noting that bloodborne viruses are a significant burden to the entire public health sector owing to the caution that is required when handling the matter.

Additionally, the practice has a close relationship with homecare therapies that are concerned with the improvement of lifestyle owing to foot infection associated with diabetes. Working with a podiatrist has prepared me to be able to interact with patients and their family members effectively while issuing instructions on safe practices that could promote quick recovery while salvaging a foot.

Moreover, podiatrists prevent and treat foot deformities in addition to other complications that are associated with a high risk of amputation. To avoid the severe pain of the ailment when it reaches an advanced stage, professionals carry out occasional examinations of the foot. The approaches that are used to salvage the limbs are very elaborate and require caution to ensure a successful surgery while preventing the transmission of the infection. The reduction of wounds in the feet is one of the critical roles that are undertaken by the physician assistant. The procedure is best done by addressing biomedical forces that are responsible for the reduction of recurrence wounds, which facilitates the healing of the previous injuries and prevents an outbreak of another. Just like in the case of issuing instructions regarding the prescription of medicine, the diagnosis process enabled us to interact more with the sick and advice the family regarding the importance of early diagnosis and treatment of the condition.

In addition to the participation in the assessment and treatment of diabetic limbs and salvaging foot, I took an active role in the prevention of the condition and the early diagnosis of the state among diabetic patients before the advanced reaching stages. Often, diabetes first manifests in the foot of the victim. The complaints from patients lead to admission for

examination to evaluate the stage of diabetes to initiate early treatment. Although medics encounter more than one form of foot complaints, the type associated with diabetes is slightly different since it mostly involves peripheral neuropathy and vascular compromise. Besides these symptoms, the formation of calluses on feet is an indication of abnormal pressure in specific regions which in most cases require shoe gear modification and regular debridement to prevent the condition's progression to ulceration. The immobility of the limb associated with biomechanical fault indicates the need to initiate a combination of accommodative and functional orthotics to correct the flaws. Such one-time treatments help in preventing limb loss by hindering the progress from an abnormality associated with a biomechanical imbalance to benign calluses from which limb loss results. Such differences in occurrences was an essential factor in improving the experience since it taught how to evaluate all incidences keenly before deciding on the correct treatment of a disease.

Occasionally, some infections accelerate the possibility of limb loss among diabetic patients, which requires an accurate diagnosis of procedures, since the ailments might not be given the necessary attention. The local infections that are associated with foot ailments include ingrown toenail due to a paronychia infection and tinea pedis. The infections can progress, thus leading to the development of non-healing wounds due to bacterial infections. An ingrown toenail develops into osteomyelitis or cellulitis, and podiatrists often initiate its treatment immediately after detecting it. The medication varies from the simple removal of the border of the infected region to an aggressive treatment involving radiographs and broad-spectrum antibiotics. Particularly, radiography assists in the treatment of osteomyelitis. On the other hand, tinea pedis, which is frequently referred to as athlete's foot, is a common occurrence that some

patients do not give much consideration. Nonetheless, severe cases of the disease can compromise plantar skin. The treatment of tinea pedis is simple and involves an oral administration of topical antifungals.

It is evident that the exposure to various forms of treatment of diabetic patients has prepared me for being a physician assistant. Currently, I have a vast knowledge that can help in the prescription of medication while monitoring patients' progress for better outcomes. The treatment process requires constant interaction with podiatrists, which is equally important since I will be working with other professionals. Hence, I have to anticipate getting instructions from them regarding the best method of handling particular tasks that require high precision.

In summary, my practice includes my working experience in various departments, which have led to familiarization with different treatments and interaction processes with both patients and interdisciplinary teams. Primarily, most of the tasks involved operating as a medical assistant have been to treat the sick, to analyze their medical history, to answer calls, and to advise patients regarding the most effective medical practices. Since the promotion of healthy living has been my ultimate drive, my focus was sharpened by the positive outcomes of the method by ensuring safety and guaranteeing quality. The desire to promote safety standards in society has been my primary influence for productive interactions with patients since advising them on the best practices for the promotion of healthy living. More importantly, excellent communication in interdisciplinary teams, especially in the surgical process has been vital for the success of the practice. Due to the fulfillment that is associated with the promotion of safety in society, it is my purpose to become an excellent physician assistant.



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